

“LESSER THAN” LIFE PATTERNS

“Lesser Than” of the Individual

“More Than” of Other Person

Control (What Person Must Do)

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|--------------------------------------|---|--|
| 1. I'm weaker than you physically | 1. You're stronger than me physically | 1. You have to do any physical labor |
| 2. I have less money than you | 2. You have more money than me | 2. You should buy things for me |
| 3. I'm not in control of my feelings | 3. You have better control of your feelings | 3. You have to fix me or put up with me when I go out of control emotionally |
| 4. I can't fix mechanical things | 4. You're more mechanical than me | 4. You should repair everything I break |
| 5. I'm fragile | 5. You're stronger | 5. You should have to take care of me |
| 6. I'm not as smart as you | 6. You're smarter | 6. You should figure things out for me |
| 7. _____ | 7. _____ | 7. _____ |
| 8. _____ | 8. _____ | 8. _____ |
| 9. _____ | 9. _____ | 9. _____ |
| 10. _____ | 10. _____ | 10. _____ |